



Wash Your Hands
Before Dinner

Pastor Grant Fishbook
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1 Corinthians 11:23b-26

The Lord Jesus...

God's Sacrifice, My Savior, Our Substitute

On the night he was betrayed...

In the face of betrayal, Jesus still

invited, included and served.

Took bread...

"I am the bread of life. Your forefathers ate the manna in the desert, yet they died. But here is the bread that comes down from heaven, which a man may eat and not die. I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. This bread is my flesh, which I will give for the life of the world." – John 6:48-51

And when he had given thanks...

In the face of great pain, Jesus still expressed gratitude.

Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus. – 1 Thessalonians 5:16-18

He broke it...

"The reason my Father loves me is that I lay down my life—only to take it up again. No one takes it from me, but I lay it down of my own accord. I have authority to lay it down and authority to take it up again. This command I received from my Father." – John 10:17-18

And said, "This is my body which is broken for you; do this in remembrance of me."

In the same way, after supper, He took the cup, saying, "this cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me."

For whenever you eat this bread and drink this cup, you proclaim the LORD's death until he comes.

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On Your Way Home

How would you react if you were invited to the President's house for dinner? What would you wear? What would you talk about? What would make you worthy of the invitation? After thinking about that... how do you feel about the fact that God has invited you to Communion?

Group Life Discussion Questions



- 1) What is the most memorable and meaningful meal you have had in your whole life? Who was there? What was served? Why was it so special?
- 2) Are there any parts of Communion that you don't understand? Don't be afraid to ask the tough questions – your group is there for answers!
- 3) How does the “background” story of what Jesus would face after The Last Supper affect the way you accept God's invitation?
- 4) Jesus gave thanks in the face of deep pain. What can you learn from his example? How can you apply that in your life right now?
- 5) Jesus' breaking of bread symbolized his complete surrender to the Father's will. What do you need Jesus to break in your life right now?
- 6) How can we pray for you to tonight?